



Tucson Affiliate February 2006 Newsletter

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MEETING NOTICE

Gender, Jobs and Money – Presented by: Tim Wernette

Date and Time: Wednesday, February 22, 2006
 11:30 am – 1:30 pm
 (please allow time for check-in, buffet lunch served at noon)

Cost: \$25.00 (non-members welcome)

CPE Counts as one (1) hour of CPE

Place: Acacia at St. Philips – 4340 N Campbell Ave. (parking in rear)

Choose one:

- 5) **Thai chicken noodle salad** – Roasted chicken and Thai noodles with spicy cashew-sambal chile dressing, mixed greens with veggies and crisp Won-tons.
- 6) **Grilled Portabella mushroom sandwich** – Portabella mushroom with piquillo chiles, eggplant, beefsteak tomato, basil pesto and melted mozzarella. Served with a side dish.
Side dish choices: sliced tomatoes, red potato salad, cole slaw, pickled beet salad, ranch fries, onion rings, or fruit salad. **(choose one)**
- 7) **Prime rib dip** – Lean Prime rib shaved thin and served warm on a torpedo roll with roasted poblano chile, melted emmental and natural jus for dipping. Served with a choice of side dish – listed above.
- 8) **Fresh Mahi-Mahi tacos** – Served with shredded cabbage, red pepper aioli, and black beans.

Reservations: **Notify Dee Ann Brower** by telephone: (520) 733-2530
 or by e-mail: deeann@taxandmoneywise.com

Reservation deadline: **Friday, Feb. 17th** at 12:00 pm

Note: Participants who sign up but are unable to attend will be billed unless they notify **Dee Ann** of the cancellation **24 hours** in advance of the luncheon.

PRESIDENT'S MESSAGE

“Celebrations”

By Anne C. Hoff, CPA



Driving to work this morning I learned that many faithful music lovers are **celebrating** Bob Marley's birthday this week. In addition to touching millions with his music, Marley lived to appreciate and celebrate life – *One World, One Love*. Appropriate, too, because for most people (even those who are not Reggae fans), February is already a popular time to **celebrate** love and relationships.

At the **AWSCPA**, we have reason to **celebrate**, too! We extend congratulations to **Christina Sanchez** and **Amber Fernandez**, our scholarship winners. We extend gratitude to our speakers who educate us about accounting, taxes, work/life balance, and breathing. We honor members, such as **Lori Hoby**, who volunteer for **Tax Tips on KUAT's Arizona Illustrated**. And, of course, we **celebrate** our ever-increasing membership and extend a hearty welcome to those who have recently joined!

Be sure to **celebrate** with us on **Wednesday, February 22** when we invite this month's speaker, Tim Wernette, to share his thoughts about *Gender, Jobs and Money* (they're all good!). Please note the new location, too, at St Philip's Plaza!

Best wishes for a **Happy Valentine's Day!**

ANNOUNCEMENTS

NOW AVAILABLE: The Tucson affiliate has beautiful **business card holders** available for purchase. The card holders can be purchased at our luncheons for \$20 each, and the net proceeds from sales will be used for scholarships and/or community outreach projects.

CALL FOR BOARD MEMBERS: The Tucson affiliate is looking for new board members for the 2006-2007 year. Would you like to help determine the **future** and be a part of the **action**? Then we would love to have you on the Board. If you're interested in joining this Board of **dynamic women**, please let us know – contact one of the Board members or talk to us at the luncheon. We are always looking for **new faces**, **new viewpoints**, and **new ideas**. This is an **invigorating** way to be involved with your local affiliate, **have fun**, **meet people**, and **participate** in the Tucson leadership.



NEWS FROM NATIONAL

Are you considering the **AWSCPA/ASWA National Conference** for CPE this year? It's a great opportunity to learn and network with other accountants – and to have some fun. The conference will be held in **Las Vegas, Nevada, September 18-20th**, and here's some of what you can learn:

- The latest technical developments in accounting, auditing, tax, management, leadership, government and industry, including E-commerce, and budgeting and accounting software applications.
- Motivational strategies that work.
- Methods for effective management of people and the marketplace.
- Effective means of identifying and responding to economic problems.
- Valuable leadership techniques.
- Means for achieving effective communication.
- Professional contacts in a variety of industries.

RECENT EVENTS

ARE YOU BREATHING PROPERLY? – Notes from the January Luncheon



If you attended the January luncheon, you are – **slow**, **deep**, and **satisfying**. Our speaker, **Ann Pardo** (photo at left), gave us great insight into the importance of breathing correctly – a complete cycle consists of a 4-count inhale and a 6-count exhale⁽¹⁾. (Try it.) Not taking full, deep breaths can result in sighing, yawning, and even gas. And did you know that breathing slowly and deeply makes it **physiologically impossible** to feel **stress**⁽²⁾?

A proper breath is only taken by allowing the lungs to expand downward into the diaphragm⁽³⁾, which causes the belly to bulge with each breath. We're so concerned about outward appearances that we tend to breathe into our chests or shoulders instead. Improper breathing can actually **create** feelings of stress.

Everyone should stop for at least a moment every day to check their breathing. Count the number of breathing cycles for one minute – relaxed is 8 breaths per minute, normal sitting is 12-15 breaths. If you're greater than 20, you're having a bad, stressful day. It takes very little time and can improve your attitude and efficiency at work. **Breathe** deeper – **feel better**.

(Did you catch the 1-2-3? They're noted above as (1), (2), and (3).)

Also at the luncheon, we welcomed this year's scholarship winners, **Christina Sanchez** (University of Arizona) and **Amber Fernandez** (Pima Community College). Both winners were very gracious and thankful for the awards. **Congratulations again!** Special **THANKS** to **Judy Doing** (UA) and **Cheryl House** (PCC) for their assistance in making the awards. And, **THANK YOU** to all our members and friends who supporting our efforts through donations or participation in our 50/50 raffle! We couldn't do it without you!



(L – R) Anne Hoff, Leslie Just,
Amber Fernandez, and Cheryl House

KUAT ARIZONA ILLUSTRATED – TAX TIPS (February 6-10, 6:30pm)

Several members of the Tucson affiliate showed their support for our community by participating in **KUAT's** annual week of **Tax Tips** on *Arizona Illustrated* (weeknights at 6:30pm). One of our V-Ps of programming, **Lori Hoby**, was the featured interview on Wednesday and inspired three of our other members – **Susan Pina** (also a V-P of newsletter), **Laura Foley**, and **Natalie Kujawa** – to join her in manning the phone bank that evening. Our president-elect and a current V-P of membership, **Lynda Nigh**, helped with the phone bank on Monday evening. Another member, **Caron Mitchell**, helped with the phones on Thursday evening. **Way to go!!**

UPCOMING EVENTS – SAVE THE DATE

2/22/06 at 11:30am	AWSCPA luncheon – see details, page 1
3/22/06 at 11:30am	AWSCPA luncheon – Arizona Cyber Security Alliance: Protect Yourself from Destructive Crimes and Security Threats
Sept. 18-20, 2006	AWSCPA/ASWA Joint Conference, Las Vegas
4/26/06 at 11:30am	AWSCPA luncheon – TBA
5/24/06 at 11:30am	AWSCPA luncheon – Toastmasters presentation

CHARITABLE ENDEAVORS

In an effort to give back to the community, the Tucson affiliate of **AWSCPA** has started a tradition of collecting donations in the fall for select charities each year. This year we will be collecting clothing (as further described below) for the **YWCA Your Sister's Closet** at our luncheons. So, clean out your closets and drawers for a good cause!

YWCA - Your Sister's Closet provides unemployed women with clothing that is appropriate for job interviews and to begin employment. They need professional clothing that is stylish, clean and ON HANGERS.

SCHOLARSHIP Additionally, the Tucson **AWSCPA** has a scholarship program for female accounting students who have taken a non-traditional path to their education. Our 05/06 recipients (see our "Announcements" on page 2) will be awarded their scholarships at the January luncheon. There are several ways that you can help fund these scholarships.

\$\$\$ Give and receive... participate in the 50/50 raffle at each meeting – one ticket for \$1 or six tickets for \$5. The proceeds are split... half to the winner and half to benefit the scholarship fund. **OR** you can purchase tickets for the next raffle by sending your check (made out to: **AWSCPA**) to: **Kristen Smith, AWSCPA Treasurer (fbo scholarship), 75 W. Calle De Las Tiendas, Suite 103B, Green Valley, Arizona 85614.** Indicate "Raffle tickets" and the number you want to purchase on the memo line.

This year we are adding another opportunity for you to help this cause ... through a tax-deductible contribution to our scholarship fund at the UA Foundation. You can do this by using the contribution form below, which can be mailed to the UA Foundation or given to a Board member at the next luncheon.

Thank you in advance for your generosity and support.

Please accept my donation of \$_____ to the **AWSCPA Scholarship fund.**

Donor name: _____

Address: _____

Phone (optional): _____

Make your check payable to **The University of Arizona Foundation, with "fbo AWSCPA Scholarship"** on the memo line.

Mail this form with your check to:

The University of Arizona Foundation
Attention: Lori Hoby, CPA
PO Box 210109
Tucson, AZ 85721-0109

THE 2005-2006 BOARD OF DIRECTORS...

President -	Anne Hoff	327-8530	annehoff@earthlink.net
President-elect -	Lynda Nigh	299-5575	lnigh1@qwest.net
Past-President -	Kelly Crandall	886-3181	kellyc@cpahammel.com
Secretary/Treasurer -	Kristen Smith	323-1040	kls@fscocpas.com
Programming -	Lori Hoby	621-1993	lhoby@al.arizona.edu
	Therese Herzog	296-4551	tdttherese@aol.com
Membership -	Lynda Nigh	299-5575	lnigh1@qwest.net
	Lynnae Fritz	321-4600	lfritz@bfcocpas.com
Hospitality -	Leslie Just	790-3500	leslie.just@cliftoncpa.com
	Dee Ann Brower	733-2530	deeann@taxandmoneywise.com
Newsletter -	Kelly Crandall	886-3181	kellyc@cpahammel.com
	Susan Pina	321-4600	spina@bfcocpas.com
Scholarship -	Deborah Hutchinson	790-3500	deborah.hutchinson@cliftoncpa.com
Member-at-Large -	Darlene Brady	733-2530	darlene@taxandmoneywise.com
	Deborah Hutchinson	790-3500	deborah.hutchinson@cliftoncpa.com

WELCOME TO AWSCPA!

AWSCPA is dedicated to serving all women CPAs. As a member of this national organization, you will find yourself in a **supportive environment** with valuable resources to help you achieve your **personal and professional goals**. You will also find rewarding opportunities for **leadership, networking and education**.

MEMBERSHIP QUALIFICATIONS Membership in the **AWSCPA** is open to **all individuals** (male and female) who are or who are **aspiring** to become **Certified Public Accountants**.

READY TO JOIN? If you would like **more information** and a **membership application**, please contact **Lynnae Fritz** (lfritz@bfcocpas.com) or **Lynda Nigh** (lnigh1@qwest.net). You may also speak to any board member at our monthly luncheons.

ALREADY A MEMBER? Let your associates know how valuable your **AWSCPA** membership has been to you! Just a reminder: when you renew your annual dues, **please** be sure to include the **Affiliate Fee of \$30** for your local group. This fee enables us to continue providing high quality programs in Tucson!

We appreciate your support and attendance at our programs! Please feel free to contact any board member if you have questions, concerns or suggestions! You may also visit the website of the AWSCPA National Office at www.awscpa.org.

WE'RE ON THE WEB!! Visit our website: <http://www.awscpa.org/tucson/index.html>

AWSCPA MISSION

The **American Woman's Society of Certified Public Accountants (AWSCPA)** is a national organization dedicated to serving all women CPAs. The **AWSCPA** provides a supportive environment and valuable resources for members to achieve their personal and professional goals through various opportunities including **advocacy, networking, LEADERSHIP TRAINING, education, and public awareness**.

JOB FORUM – IT’S ALL ABOUT YOU!

The **Tucson AWSCPA affiliate** strives to develop more networking **opportunities** for our members and meeting attendees. As part of this networking, we are providing the **forum** for employers with positions available to match these **opportunities** with individuals seeking employment. This will be a *confidential* service if you are seeking employment.

For those **seeking employment** contact **Darlene Brady** (phone: 733-2530 or email: darlene@taxandmoneywise.com). For those with **positions available**, contact **any Board member** to announce your opening at a monthly meeting or in our newsletter.

PLEASE communicate this employment connection to your employers for future employment **opportunities** for others. This is a **FREE** service for those looking for great CPA’s – that’s you!

Job Openings

A&A SENIOR and A&A SUPERVISOR – Are you a highly motivated, technically competent public Accounting and Auditing professional wanting to progress in Tucson? **Beach, Fleischman & Co., P.C.** may be just the firm for you!

If you have an undergraduate or graduate degree in accounting and 2-7yrs recent experience conducting A&A engagements in a public accounting firm, we’d like to hear from you. Email your cover letter and resume to careers@beachfleischman.com. Check us out at www.bfcocpas.com.

BOOKKEEPER A successful mid-town/foothills gas station/carwash is seeking a part-time bookkeeper to work 2 hours a day, 5 mornings a week. Call Anne Hoff or Don Butler at 327-8530 if you are interested.

CPA/CPA CANDIDATE with public accounting experience is needed to join our team at **Busby Sanford Brady CPAs PLC**, one of the leading full-service CPA firms in the Tucson area. Competitive salary; benefits package, including 401(k) & no travel. Flexible, friendly environment with the opportunity to grow professionally. Please e-mail your resume to nancy@taxandmoneywise.com or fax to 520-733-2529.

STAFF ACCOUNTANT – **Hammel & Company, P.C.** is seeking candidates with 2-5 years of accounting and/or tax experience, preferably with a degree. Voted “Best place to work” in Tucson! We have many opportunities for advancement. Come grow with us! Please send your resume to: Hammel & Company, P.C., 5656 E. Grant Rd #200, Tucson, AZ 85712; or fax to 520-885-3699.
