



*De-Stress Your Life – With Yoga*

Please join us for a relaxing yoga session at Exhale® Spa.

**Date:** Thursday, March 20, 2008\*  
**Location:** Exhale Spa  
**Time:** 5:30PM – 7:30PM (class begins at 6PM)  
**Cost:** \$21.50 payable to exhale at the door  
(includes mat, water and towel)

The class is Yoga Level 1/2 and will be taught by Amy Leydon.

exhale mindbody spa is located in the Back Bay at:  
28 Arlington St, Boston, MA 02116 617-523-7000 [www.exhalespa.com](http://www.exhalespa.com)

Please RSVP to [awscpaboston@yahoo.com](mailto:awscpaboston@yahoo.com) by March 18<sup>th</sup>.  
If you have any questions, please contact us at 617-896-5223 or via our e-mail address.

Please provide the following information when replying: Name, Company, E-Mail, Phone.

Note: The AWSCPA must pay for the number that we RSVP; should you be unable to attend, please be sure to let us know in advance so you will not be charged.

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exhale®  
mindbodyspa

*Resting in a 13,000 square foot space utilizing a signature design of multi-cultural aesthetics, guests can experience an inviting lobby lounge retail area, an alluring manicure + pedicure bar, a dramatic temple-like yoga studio, a light-filled Core Fusion® studio, 15 zen-inspired therapy rooms for advanced skin care and therapeutic body work such as massage and acupuncture.*

**\*THIS CLASS IS ALSO OPEN TO THE PUBLIC**

For more information on our organization, please visit us at  
<http://finance.groups.yahoo.com/group/awscpaboston/> or at our national site [www.awscpa.org](http://www.awscpa.org).