

DOES THIS COLD WINTER HAVE YOU FEELING STRESSED AND DEPRESSED?

JOIN THE AMERICAN WOMEN'S SOCIETY OF CPAS FOR A NIGHT OF YOGA AND PILATES AT THE EQUINOX GYM.

WE'LL HELP YOU GO FROM TAXED



TO RELAXED



**Where: Equinox Gym
521 5th Avenue at 43rd Street**

When: Friday, February 20, 2009 from 7 – 8pm

Who: AWSPA Members and Non-Members

**Free for Members
\$5 for Non-Members**

**Yoga/Pilates mat will be provided, but you can bring your own.
Please be sure to bring locks if you intend to use the lockers.**