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**From:** AWSCPATUCSON@aol.com [mailto:AWSCPATUCSON@aol.com]

**Sent:** Wednesday, January 12, 2005 11:23 PM

**To:** AWSCPATUCSON@aol.com

**Subject:** JANUARY MEETING



## ***AWSCPA JANUARY 2005 MEETING NOTICE and NEWSLETTER***

***Monthly Meeting: January 26, 2005***

***Topic: STRESS BUSTERS for the CPA***

by

***Deitrich D. Benjamin, Certified Personal Trainer and  
Well Workplace Seminar Leader***

Your ***body*** will thank you, your ***mind*** will thank you, your ***employer*** will thank you! This is a practical presentation that will give participants desk-side exercises to do as deadlines approach, clients demand answers and ***takeout food*** becomes a staple. This will be a “show and tell” with the speaker bringing some of her favorite stress busters that fit in a desk drawer. ***“I’ll take care of myself after busy season, after quarterly taxes, after the big audit, after, after, after...”***

***If anyone can motivate you to relax, Deitrich can!***

Deitrich D. Benjamin has been called the “energizer bunny” of business by those she supports in maintaining optimal health while operating a highly productive

business. Deitrich is a seasoned personal trainer, and Well Workplace Seminar Leader teaching techniques for behavior modification, vision setting and peak performance. She is President of the Greater Tucson Chapter of National Association of Women Business Owners (NAWBO). Deitrich's energy has been labeled contagious by many a woman business owner.

### **What other busy people are saying about Deitrich...**

***“An hour with Deitrich helps me unload a week's worth of stress, and rediscover a week's worth of focus.”***

Jan Flanagan, CPA

***“Working out has changed my life - I have more energy, am able to handle stress better and work longer since I have been working out.”***

Anne Romano, Corporate Comptroller

***“Working out has increased my stamina on and off tax season, enabling me to make every hour count.”***

Mark Metzger, CPA

### **Come out to North and see what Dietrich can do for YOU!**

***Date and Time:*** **Wednesday, January 26, 2005**  
11:30 am (check-in), 12:00– 1:30 pm (lunch and meeting)

***Cost:*** **\$25.00** – includes lunch - Non-members welcome

***Place:*** **North** - 2995 East Skyline Drive (Campbell & Skyline)

***Choose 1:*** **Chicken Chopped Salad**- with pine nuts, baby Roma and Gorgonzola Vinaigrette dressing

#### **Mozzarella and Fontina Pizza**

**Strozzapreti** (curly pasta) with mushrooms, wilted spinach, toasted pine nuts and a parmesan cream sauce.

**Vegetarian salad also available.**

***Reservations:*** **RSVP with your menu selection to:** Leslie Just  
e-mail: [leslie.just@cliftoncpa.com](mailto:leslie.just@cliftoncpa.com) or telephone: 790-3500  
Reservation deadline: **Monday January 24<sup>th</sup> at 1:00 pm**

**Note:** Participants who sign up but are unable to attend will be billed unless they notify Leslie of the cancellation 24 hours in advance of the luncheon.

### **President's Message:**

By Kelly Crandall, CPA

***Happy New Year!*** I hope the holidays were wonderful and that everyone was able to spend time with family and friends. Now it's time to gear up for busy season, whether you're preparing tax returns or yearend reports. This first luncheon of 2005 will help - with ways to ***reduce stress***. Sign me up! **We hope to see you there!**

### ***Scholarship Update:***

As you all know, we have been running our 50/50 raffle to support our scholarship fund at all meetings. This month, we are awarding two \$500 scholarships to female University of Arizona students who have taken a non-traditional path to the accounting profession. ***The 2004/2005 recipients have been selected,*** and we hope to introduce these deserving students at our January meeting! Please continue to ***support*** this program through our monthly raffles!

## **Upcoming: Mark Your Calendars!**

### **Date                      Event Sneak Preview**

#### **02/23/05                      **MEET THE NEW SCHEDULE M-3****

Find out what it's like to develop an entirely new tax form from our own board member, Lillian F. Mills, PhD! The M-3, "Reconciliation of Book to Taxable Income for Large Corporations," aims to increase the transparency of corporate reporting – a hot topic in the post-Enron era.

#### **03/23/05                      **LICENSE AND TRANSACTION PRIVELEGE TAX REPORTING****

Find out everything you need to know about these "other" taxes from Pam Reinke, Principal Tax Auditor with the City of Tucson.

### **AWSCPA Board of Directors 2003-2004:**

President	Kelly Crandall	886-3181	kellyc@cpahammel.com
Past-President	Lori Hoby	621-1993	lhoby@al.arizona.edu
Treasurer	Deborah Moore	733-2530	deborah@taxandmoneywise.com
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	Sara Tomchin	888-0860	tomchins@cox.net
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National Member	Lynne Himmer	795-3112	lhimmercpa@yahoo.com
	Alex Miller, Past Pres.	721-5000	alexmillercpa@mindspring.com

**WE'RE ON THE WEB!!** We have our very own AWSCPA Tucson Website!  
Head to <http://www.awscpa.org/tucson/index.html> to check it out!

### **AWSCPA Mission:**

The American Woman's Society of Certified Public Accountants (AWSCPA) is a national organization dedicated to serving all women CPAs. The AWSCPA provides a supportive environment and valuable resources for members to achieve their personal and professional goals through various opportunities including **advocacy, networking, leadership training, education**, and **public awareness**.